

# WEEKLY MENU



**WEEK 1**

- 15<sup>TH</sup> APR
- 13<sup>TH</sup> MAY
- 17<sup>TH</sup> JUNE
- 15<sup>TH</sup> JULY
- 2<sup>ND</sup> SEPT
- 30<sup>TH</sup> SEPT

**MONDAY**

Cheese & Tomato Pinwheel 1.7 v  
 Sweet Potato & Bean Pie v6  
 Jackets with a Choice of Toppings 7.0,9  
 Baked Potato Wedges  
 Peas, Carrots  
 Peach Crumble 1 v6 & Custard 7  
 Mr Nourish Biscuit 1 v6  
 Yoghurt 3.7, Fruit Pots v6

**TUESDAY**

Beef & Onion Pie 1  
 Cheesy Pasta Twists 1.7 v  
 Jackets with a Choice of Toppings 7.0,9  
 New Potatoes  
 Seasonal Vegetables  
 Strawberry Mousse 7  
 Mr Nourish Biscuit 1 v6  
 Yoghurt 3.7, Fruit Pots v6

**WEDNESDAY**

Roast Chicken & Gravy  
 Bean Chilli with Baked Tortilla Chips 1 v6  
 Jackets with a Choice of Toppings 7.0,9  
 Rustic Roast Potatoes  
 Broccoli, Sweetcorn  
 Cornflake Cookie 1.7  
 Mr Nourish Biscuit 1 v6  
 Yoghurt 3.7, Fruit Pots v6

**THURSDAY**

Chicken Fajitas 1.4  
 Tomato Spaghetti 1 v6  
 Jackets with a Choice of Toppings 7.0,9  
 Rice  
 Cauliflower, Carrots  
 Traybake Pancake 1.7,9 & Berry or Chocolate Sauce  
 Mr Nourish Biscuit 1 v6  
 Yoghurt 3.7, Fruit Pots v6

**FRIDAY**

Margherita Pizza 1.3,7,9 v  
 Salmon Pasta 1.7,8  
 Jackets with a Choice of Toppings 7.0,9  
 Chips, Peas  
 Baked Beans, Carrot Sticks  
 Oaty Biscuit 1.15 v6  
 Yoghurt 3.7  
 Fruit Pots v6

**WEEK 2**

- 22<sup>ND</sup> APR
- 20<sup>TH</sup> MAY
- 24<sup>TH</sup> JUNE
- 22<sup>ND</sup> JULY
- 9<sup>TH</sup> SEPT
- 7<sup>TH</sup> OCT

Chicken Pie 1  
 Pesto Pasta Bake 1.7 v  
 Jackets with a Choice of Toppings 7.0,9  
 New Potatoes  
 Seasonal Vegetables  
 Ice Cream 7  
 Mr Nourish Biscuit 1 v6  
 Yoghurt 3.7, Fruit Pots v6

BBQ Pulled Chicken Loaded Wedges  
 Herby Tomato Penne Pasta 1 v6  
 Jackets with a Choice of Toppings 7.0,9  
 Sweetcorn  
 Courgettes  
 Chocolate Pudding 1.9 & Chocolate Sauce 7  
 Mr Nourish Biscuit 1 v6  
 Yoghurt 3.7, Fruit Pots v6

Roast Turkey & Gravy  
 BBQ Vegetable Burrito 1 v6  
 Jackets with a Choice of Toppings 7.0,9  
 Rustic Roast Potatoes  
 Cabbage, Carrots  
 Fruit Jelly v6  
 Mr Nourish Biscuit 1 v6  
 Yoghurt 3.7, Fruit Pots v6

Macaroni Cheese 1.7 v  
 Vegetable Hot Pot v6  
 Jackets with a Choice of Toppings 7.0,9  
 Carrots, Green Beans  
 Garlic Bread 1.3,7,9  
 Peach Sponge 1.9  
 Mr Nourish Biscuit 1 v6  
 Yoghurt 3.7, Fruit Pots v6

Fish Fingers 1.0  
 Cheese & Spinach Pinwheel 1.7 v  
 Jackets with a Choice of Toppings 7.0,9  
 Chips, Peas  
 Baked Beans, Coleslaw 9  
 Ginger Biscuit 1 v6  
 Yoghurt 3.7  
 Fruit Pots v6

**WEEK 3**

- 29<sup>TH</sup> APR
- 3<sup>RD</sup> JUNE
- 1<sup>ST</sup> JULY
- 16<sup>TH</sup> SEPT
- 14<sup>TH</sup> OCT

Sweet Chicken Curry  
 Cheesy Pasta 1.7 v  
 Jackets with a Choice of Toppings 7.0,9  
 Rice, Seasonal Vegetables  
 Herby Bread 1.3,7,9  
 Apple Crumble 1 v6 & Custard 7  
 Mr Nourish Biscuit 1 v6  
 Yoghurt 3.7, Fruit Pots v6

Sausage Roll 1.5  
 Quorn Sausage & Gravy 1 v6  
 Jackets with a Choice of Toppings 7.0,9  
 Mashed Potato  
 Baked Beans, Broccoli  
 Banana & Toffee Cake 1.7,9  
 Mr Nourish Biscuit 1 v6  
 Yoghurt 3.7, Fruit Pots v6

Roast Chicken & Gravy  
 Samosa Puff 1 v6  
 Jackets with a Choice of Toppings 7.0,9  
 Rustic Roast Potatoes  
 Green Beans, Carrots  
 Crispy Cake 3.7,15  
 Mr Nourish Biscuit 1 v6  
 Yoghurt 3.7, Fruit Pots v6

Margherita Pizza 1.3,7,9 v  
 Loaded Cajun Bean Wedges v6  
 Jackets with a Choice of Toppings 7.0,9  
 New Potatoes  
 Sweetcorn, Peppers  
 Lemon Drizzle Cake 1.9  
 Mr Nourish Biscuit 1 v6  
 Yoghurt 3.7, Fruit Pots v6

Chicken Bites 1  
 Summer Frittata 7.9 v  
 Jackets with a Choice of Toppings 7.0,9  
 Chips, Peas  
 Baked Beans, Cucumber Sticks  
 Caramel Cookie 1.7  
 Yoghurt 3.7  
 Fruit Pots v6

**WEEK 4**

- 6<sup>TH</sup> MAY
- 10<sup>TH</sup> JUNE
- 8<sup>TH</sup> JULY
- 23<sup>RD</sup> SEPT
- 21<sup>ST</sup> OCT

Jerk Chicken  
 Tomato & Herb Pasta 1 v6  
 Jackets with a Choice of Toppings 7.0,9  
 Sunshine Rice  
 Cauliflower, Carrots  
 Ice Cream 7  
 Mr Nourish Biscuit 1 v6  
 Yoghurt 3.7, Fruit Pots v6

Singapore Noodles 1.3,16 v6  
 Cheese & Bean Wrap Pocket 1.7 v  
 Jackets with a Choice of Toppings 7.0,9  
 New Potatoes  
 Seasonal Vegetables  
 Jam Tart 1.6 v6 & Custard 7  
 Mr Nourish Biscuit 1 v6  
 Yoghurt 3.7, Fruit Pots v6

Roast Chicken & Gravy  
 Vegetable Toad In The Hole 1.7,9 v  
 Jackets with a Choice of Toppings 7.0,9  
 Rustic Roast Potatoes  
 Cabbage, Peas  
 Fruit Jelly v6  
 Mr Nourish Biscuit 1 v6  
 Yoghurt 3.7, Fruit Pots v6

Penne Beef Bolognese 1  
 Rice & Bean Burrito 1 v6  
 Jackets with a Choice of Toppings 7.0,9  
 Baked Wedges, Green Beans  
 Sweetcorn, Garlic Bread 1.3,7,9  
 Beetroot Cake 1.9  
 Mr Nourish Biscuit 1 v6  
 Yoghurt 3.7, Fruit Pots v6

Fish Fingers 1.0  
 Vegetable Pastie 1 v6  
 Jackets with a Choice of Toppings 7.0,9  
 Chips, Peas  
 Baked Beans, Coleslaw 9  
 Vegan Brownie 1 v6  
 Yoghurt 3.7  
 Fruit Pots v6

KEY:  
 v6 Vegan  
 v Vegetarian

AVAILABLE DAILY:  
 Selection of Salads 9  
 Homemade Bread 1.3,7,9

Some of our schools may use pre-prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.



LOOK OUT FOR OUR THEMED DAYS!

NON PORK 3 OPTIONS



- 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard
- 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs
- 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten