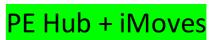


## **Rising Stars**

## PE Curriculum Overview 2023-24





Year Group	roup Autumn Term		Spring Term		Summer Term		
		Term 1	Term 2	Term 1	Term 2	Term 1	Term 2
Reception	Indoor	<mark>iMoves</mark> Gymnastics		iMoves Dance (Under the Sea)	PE Hub  'Speed Agility Travel'	iMoves Dance (Weather)	iMoves Fundamental Skills
SPORTING	HEROES	USAIN BOLT (BASKETBALL)	SERENA WILLIAMS (TENNIS)	LAUREN STEADMAN (PARA-TRIATHLETE)	JODY CUNDY (PARA-CYCLIST)	LEWIS HAMILTON (MOTOR RACING)	JESSICA ENNIS-HILL (ATHLETICS)
Year 1	Indoor	<mark>iMoves</mark> Gymnastics		iMoves Dance (Healthy Me)	Unit 3 'Skip to the beat'	iMoves Dance (Fairy Tales)	PE Hub 'OAA Activities'
	Outdoor	Unit 5  'Throwing and catching'	Unit 4 'Brilliant ball skills'	Unit 5  'Throwing and catching' (Repeated)	Unit 4  'Brilliant ball skills'  (Repeated)	Unit 6  'Active Athletics'	Challenge Day Preparation + Skills Assessments
SPORTING	HEROES	MICHAEL JORDAN (BASKETBALL)	LINDSEY VONN (SKIING)	ELLIE SIMMONDS (PARA-SWIMMER)	JONNIE PEACOCK (PARA-ATHLETE)	MO FARAH (ATHLETICS)	KELLY SMITH (FOOTBALL)
Year 2	Indoor	iMoves Gymnastics		iMoves Dance (The Rainforest)	Unit 3  'Skip to the beat'	iMoves Dance (Countries)	PE Hub 'OAA Activities'
	Outdoor	Unit 5 'Throwing and catching'	<mark>Unit 4</mark> 'Brilliant ball skills'	Unit 5  'Throwing and catching' (Repeated)	Unit 4  'Brilliant ball skills'  (Repeated)	Unit 6  'Active Athletics'	Challenge Day Preparation + Skills Assessments
SPORTING HEROES		MUHAMMAD ALI (BOXING)	BILLIE JEAN-KING (TENNIS)	SARAH STOREY (PARA-CYCLIST)	WILL BAYLEY (PARA-TABLE TENNIS)	BOBBY MOORE (FOOTBALL)	DINA ASHER-SMITH (ATHLETICS)

Year Group		Autumn Term		Spring Term		Summer Term	
		Term 1	Term 2	Term 1	Term 2	Term 1	Term 2
	Indoor	iMoves Gymnastics		iMoves Dance (Samba)	Unit 3 'Skip to the Beat'	iMoves Dance (Bollywood)	PE Hub 'OAA Activities'
Year 3	Outdoor	PE Hub 'Handball'	PE Hub 'Hockey'	PE Hub 'Football'	PE Hub 'Rounders'	iMoves 'Basketball'	Unit 6 'Active Athletics'
SPORTING	HEROES	PELE (FOOTBALL)	NADIA COMANECI (GYMNASTICS)	HANNAH COCKROFT (PARA-ATHLETE)	LEE PEARSON (PARA-EQUESTRIAN)	ANTHONY JOSHUA (BOXING)	VIRGINIA WADE (TENNIS)
Year 4	Indoor	iMoves Gymnastics + Swimming		iMoves Dance (Ancient Greeks)	Unit 3 'Skip to the Beat'	iMoves Dance (Freestyle)	PE Hub 'OAA Activities'
Tear 4	Outdoor	PE Hub 'Handball'	PE Hub 'Hockey'	PE Hub 'Football'	PE Hub 'Rounders'	iMoves 'Basketball'	Unit 6 'Young Olympians'
SPORTING	HEROES	ARTHUR ASHE (TENNIS)	SIMONE BILES (GYMNASTICS)	SOPHIE CHRISTIANSEN (PARA-EQUESTRIAN)	DAVID WEIR (PARA-ATHLETE)	SIR STEVE REDGRAVE (ROWING)	NICOLA ADAMS (BOXING)
Year 5	Indoor	iMoves Gymnastics		iMoves Dance (Strictly)	Unit 1 'Boot Camp'	iMoves Dance (Street Jazz)	PE Hub 'OAA Activities'
Teal 3	Outdoor	<u>PE Hub</u> 'Handball'	<u>PE Hub</u> 'Hockey'	PE Hub 'Football'	PE Hub 'Rounders'	iMoves 'Basketball'	Unit 6 'Young Olympians'
SPORTING	HEROES	TIGER WOODS (GOLF)	MEGAN RAPINOE (FOOTBALL)	KADEENA COX (PARA-ATHLETE)	SASCHA KINDRED (PARA-SWIMMER)	SIR CHRIS HOY (CYCLING)	KATHERINE GRAINGER (ROWING)
V	Indoor	iMoves Gymnastics		iMoves Dance (Savannah Harvest)	Unit 1 'Boot Camp'	iMoves Dance (Hip Hop)	PE Hub 'OAA Activities'
Year 6	Outdoor	<u>PE Hub</u> 'Handball'	PE Hub 'Hockey'	PE Hub 'Football'	PE Hub 'Rounders'	iMoves 'Basketball'	Unit 6 'Young Olympians'
SPORTING HEROES		JESSIE OWENS (ATHLETICS)	KATIE LEDECKY (SWIMMING)	TANNI GREY-THOMPSON (PARA-ATHLETE)	ALI JAWAD (PARA-POWER LIFTER)	ADAM PEATY (SWIMMING)	VICTORIA PENDLETON (CYCLING)